

Monday

Lunch

Minced Lamb Pie
Macaroni Cheese
Mashed Potato, Cauliflower & Peas



Rhubarb Crumble & Custard

Afternoon Tea—Lemon Drizzle Cake

Supper

Vegetable Soup
Jacket Potato with Beans & Cheese
Tuna Sandwiches
Ham Sandwiches
On a selection of white or brown bread
Strawberry Mousse

Tuesday

Lunch

Poached Cod & Parsley
Potato & Spinach Curry with Rice
Served New Potatoes & Mixed Veg

o o

Rice Pudding

o o

Afternoon Tea—Chocolate & Orange Marble Cake

o o

Supper

Lentil Soup
Sausage & Mash with Gravy
Egg Sandwiches
Cheese Sandwiches
On a selection of white or brown bread



o o

Eton Mess

Wednesday

Lunch

Cottage Pie
Veggie Pie
Served with Gravy & Country Veg

o o

Sultana Sponge & Custard

o o

Afternoon Tea—Coffee Cake

o o

Supper

Tomato Soup
Fish Fingers & Chips
Chicken Sandwiches
Corned Beef Sandwiches
On a selection of white or brown bread



o o

Fruity Orange Jelly

Thursday

Lunch

Roast Chicken Breast in Red Wine & Mushroom Sauce
Veggie Hotpot
Served with Roasted New Potatoes & Broccoli

o o

Semolina

o o

Afternoon Tea—Chocolate Sponge

o o

Supper

Chicken Soup
Mild Chilli Con Carnie
Ham & Tomato Sandwiches
Cheese & Onion Sandwiches
On a selection of white or brown bread
Fruit & Custard



Friday

Lunch

Battered Fish & Chips
Vegetarian Sausage
Served with Mushy Peas

o o

Eve's Pudding & Custard

o o

Afternoon Tea—Banana Sponge

o o

Supper

Cream of Parsnip Soup
Cauliflower Cheese Bake
Egg Sandwiches
Tuna Sandwiches
On a selection of white or brown bread
Fruit & Jelly

Saturday

Lunch

Beef Bolognese Pasta
Quorn Bolognese
Served with Garlic Bread

o o

Apple Crumble & Custard

o o

Afternoon Tea—Jam & Coconut Sponge

o o

Supper

Mushroom Soup
Pizza & Chips
Chicken Sandwiches
Corned Beef Sandwiches
On a selection of white or brown bread
Poached Peaches & Cream



Sunday

Lunch

Pork Loin
Served with all the trimmings
Tomato Pasta

o o

Fruit Sponge & Custard

o o

Afternoon Tea—Vanilla Sponge

o o

Supper

Broccoli Soup
Chicken Goujons & Potato Wedges
Ham & Pickle Sandwiches
Cheese & Tomato Sandwiches
On a selection of white or brown bread
Banana Mousse



“Outstanding Food at Alban Manor”



If you have any allergies please let the chef know. Chocolate and Snacks are available on all tea trolleys. If there is anything different you would like please ask our Chef. Please let us know if there is anything that you would like changing. We welcome suggestions

Selections available every day

Breakfast

Tea or coffee
Apple, Orange & Cranberry juice
Choice of Cereals
Toast
White or Wholemeal rolls
Marmalade, Jam, Marmite
Selection of Eggs
Full English Breakfast

Morning Tea

Tea or Coffee
Choice of Fruit Squashes
Biscuit Selection
Assorted Sandwiches
Milkshakes

Lunch

Daily Main Meal
Daily Vegetarian Option
Seasonal Vegetables
Daily choice of Potatoes
Assorted Omelettes
Choice of Salads
Sausages
Jacket Potatoes with a selection of toppings

Dessert

Ice Cream
Assorted Mousse's
Homemade Yoghurt
Fresh Fruit
Tea or Coffee

Afternoon Tea

Tea or Coffee
Choice of Fruit Squashes
Homemade Cakes
Biscuit Selection
Assorted Sandwiches
Milkshakes

Supper

Daily Supper Meal
Choice of fruit Squashes
Bread & Butter
Assorted Sandwiches
Cheese & biscuits
Fresh Fruit
Tea or Coffee

Evening Tea

Tea or Coffee
Choice of Fruit Squashes
Hot Chocolate
Ovaltine
Horlicks